

## Herbalife Info

I can share what I personally know because I actually signed up for Herbalife around the same time I did Melaleuca and did a side-by-side comparison. I actually thought that Mela would be the 'extra' income I needed while I built my Herbalife business!

### **This is what I found out:**

**Front-loading**, first of all. They wanted me to get started at the "Supervisor" level and spend a couple of thousand dollars so I could qualify myself for bigger discounts on the products so I could make more money.

**Selling**....was going to have to sell those products to others....both for retail customers and then sell to my distributors.

**Mostly offline, unless you wanted to spend "\$600 to do it right"**. When I inquired about the fact that I wanted to advertise my business online, that was what I was told about that.

**Send "Grand Opening" letter to all my friends and family**. This was the first 'step' given to me.

**\$50 EXTRA to stay 'hooked up' with the company each month**. Like Melaleuca's promotion calls and emails, but at a \$50 monthly expense

**Auto ship of products each month**. Yes, very similar to what we have, but if I remember correctly, more \$\$ each month.

**Paperwork, receipts, merchant accounts (for accepting credit cards) all needed to have a successful business**.

That is all I can think of off the top of my head. There was probably more, but I think you get the idea! Oh, also I spent \$250 to get started, both for kit and products. 30-day money back guarantee.

Let me know if you have other questions:)

### **Kristie Jones**

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Executive Director II

Proud to be Stayin Home and Lovin It!

Hi! I am another Stayin Home and lovin it! who has done the "Herbalife Thing". I may be different in several ways. First, I was in Melaleuca at the time that someone introduced me to Herbalife. I was NOT with the MOM Team or any other internet group, just a small local group that did a lot of meetings but not a lot of individual help. I lost 40 pounds in 13 weeks on Herbalife and my mom bought me a distributor kit. I quit Melaleuca to do Herbalife, and did Herbalife for 3 years. I was a Supervisor and at one time had 4 Supervisors under me. I did miss the Melaleuca products terribly, but Herbalife and Melaleuca both had at the time, company rules that if you are in their company, you may not also be in another "independent marketing" type company, so I had to give up one, and at the time I had no Melaleuca support and did not know how to build or grow my business there, so I gave it up.

With Herbalife, I was in constant debt. To maintain my inventory I had to place constant orders on my credit card, and then sell the products not only to my retail customers but also to my distributors. I had to keep personal track of whether my distributor was at 25%, 30%, 35%, or 42% discount levels, as most were on the "sliding scale". I spent a lot of money constantly advertising for new customers to maintain my business. I spent hours and hours filling out retail receipts, packaging products and then driving around delivering or shipping. I had what was considered a "successful" Herbalife business and received occasional commission checks of up to \$150 per month, and even won a fax machine in a contest we did. I went to 3 of the big "Extravaganzas" and saw Mark Hughes in person many times, though not too "up close".

I never actually "made" any money. By the time I was exhausted and stressed and decided to get out, I was over \$5,000 in debt. I continued to try to sell my remaining inventory to make some of that back, but at this time the product formulations had changed so people were having much less success with them. Also, Mark had just left his wife and son to marry another Herbalife person, which turned a lot of my customers off, morally. Also, "Metabolife" had just come out, cheaper and available in any grocery store, and honestly, for most people, including myself, almost as effective as Thermojetics. (I still like the Original Green Thermojetics better because you are not quite so "jittery" and better appetite control, but not noticeable enough to make the difference in expense worth it for most people.)

I have always liked Herbalife products. And for a while I liked them better than anything else out there and did a good job selling them. When Mark Hughes died, that was the 'straw' for me. How does a 45 year old man who is the founder and president of a health and nutrition company die in his sleep? (he had been drinking before he went to bed, and had an asthma attack and couldn't get to his medications--this is from the company itself if you call distributor relations and ask.) It still made everyone look bad. And the leadership now is turning the company into a more and more "Amway like" direction all the time.

I had a lot of loyalty to Herbalife for a long time. I feel they let a lot of people down. I think Mark Hughes would be

horrified to see the way some of the people lately are marketing! Maybe not the people doing mostly retail selling, but he people who are pushing recruiting for what we would call 'business builders'. They are being very secretive until you show up for a meeting..not really they style he wanted. He used to let us advertise Herbalife name all over the place, in company approved ads. It was something to be proud of. I think he would be very sad to see what people have allowed it to become.

With Melaleuca, I get equally high quality nutritional supplements, and in the case of many of the supplements they are superior to Herbalife, as Herbalife does not have the "fructose compounding" that aids absorption. I do not have to leave my home for ANY REASON to do this business. Sure, if I wanted to I could find a meeting or do an in home or one-on-one presentation, but I want to BE at HOME. I do not have to hassle with the inventory. I have absolutely no debt from Melaleuca. I place my monthly order for my own family's personal needs on my credit card, pay it off when the bill comes, and I am done. I do have a slightly higher phone bill expense than when I was doing no home business at all, though I signed up with MelaCom so it is much less than I expected, and still less than my phone calls when I was with Herbalife and ran an 800 number that is how my customers all contacted me.

My income, on paper, might not be as high as fast as my income, on paper, was in Herbalife. But this time, the income is REAL income/profit. It is not a numbers trick "Oh, I paid \$50 and sold it for \$100 so I made \$50 in 20 minutes." (Not mentioning the fact that it took numerous ads, phone calls, and deliveries, and sometimes "free samples" which I had to pay for to make that \$100 sale.) There are no hidden expenses or costs. And I am not buying "extra" things (OH, you need to try this Male Factor so you can sell it....Hello? I'm a GIRL!) I am only buying what my family really truly needs.

With the MOM Team I was taught how to market my website so that the only people contacting me are people genuinely interested in a home business, so I do not feel like I am "pressure recruiting" or in anyway bothering people who don't want to hear about what our business is about. With Herbalife I had weirdos call me at 3 in the morning on my 800 number wanting to supposedly talk about weight loss, but what they really were trying to get was phone sex! Bizzare people call you if you put an 800 number in advertisements, yet if you don't put an 800 number in advertisements, you don't get any customers, either!

Feel free to ask me any questions. And feel free to give my info. to the Herbalife person as well. I do not think that you should jump to any decision without looking at both sides closely. Herbalife has some upsides. But for me, the upsides did not in anyway compensate for the down.

Hope this helps you.  
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### Driveway Bags

My sister's colleague Russ found this suspected Herbalife artifact on his driveway near Austin, Texas and brought it in. A few weeks later, the same guy got a message in a plastic bag with a ROCK in it! The beans pointed to [www.jobcomfort.com](http://www.jobcomfort.com) and the rocks pointed to [www.xtrawealth.com](http://www.xtrawealth.com)

David T. wrote soon after, asking about a similar bag on his driveway in Massachusetts.

I enjoyed your research work on the Herbalife signs, and I believe I've just discovered a new and even more annoying technique....This must have been thrown out of a passing car onto my lawn, thereby guaranteeing a single reading, at least. I sure hope these don't become as common as AOL cds"

Then:

Got another one, this time with 4 smaller rocks. The rocks are still white quartz...I wonder where they're coming from...

In case you are just getting started, you might want to check out some information that I've had regarding Herbalife. Read it if you're interested. This guy did extensive research on Herbalife and their practices.

[http://www.cockeyed.com/workfromhome/workfromhome\\_s.html](http://www.cockeyed.com/workfromhome/workfromhome_s.html)

I tried to do Herballife about 8 years ago. I never did loss weight. The training at that time was recorded conference calls so questions could only be asked of my up line. My upline was not helpful most of the time. She was clearly in it for the money only and had very little suggestions or time to help me learn to build my business. I stuck with it for about a year and did not every have one customer. Lost money on local ads and had no direction. From my experience I would never recommend it to any one.

**Jennifer T.**, Appleton, Wisconsin

I did herbalife right before I started with this wonderful team. I lost my shirt with herbalife. For one thing the are pushy you are told to buy \$4000.00 in products you pay for your recruiting sites a well as your product site and it is not cheap it was like \$40.00 a month per site and you also have to pay for the business centers if that group offers it that she signed up with. And before you can do to much advancement you have go to a STS Training and it is normally in another town. I am not kidding I lost 5 pounds and gagged on the shakes and all the pills I had to take. And as soon as I stopped I gained it plus 10 lbs back. You can no stop once you start it. I lost over 6000.00 in herbalife and I have tons of products I could not get rid of and threw them away . It was a mess and I hated myself for being sucked in and the last problem I had was some other distributors would pull all my advertising down and that was tacky and hateful and I just did not want to work with people like that. There is 19 right here around me. And you can tell your SIL that I have lost 15lbs on the attain shakes alone just using them as a snack to keep me from eating things that are not so good for me and the vitamins have me jumping a lot more than herbalife did. Tell her from one herbalife distributor to another one this is the way to make money and our support and teamwork are the best. I love this team. If you need anymore help on it feel free to email me.

**Vanessa Maden**, Katy, Texas  
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I was scammed by Herbalife. I enrolled, paid my money and did some of the training and was never able to get in touch with my enroller. I was uncomfortable with the lack of information they gave me, once I figured out the company I had to go to the website like a customer would to research the products. What a waste of my time! Fortunately SHALI found me and I have a business I believe in.

**Theresa Hartman**, Mattawan, MI

I was in Herbalife just before I joined Melaleuca also. I lost at least \$6000.00. I have tons of products and hated taking so many pills. I did everything they told me to do and made nothing. I wanted to do the interenet but could not afford to do it there way. I saved to buy the signs they told me to buy and put out and right after I bought them they told us we couldn't do that anymore. That happened with a couple of advertising things they told me to do. When I could not afford to keep paying for the long distance recorded messages that kept you informed of everything included the changing password to get into the team website, I lost touch with everything! My upline NEVER once called to check on me or see if there was anything she could help me with that did not cost money. EVERYTHING cost money and lots of it! My husband lost 60 pounds and I did it more consistantly than he did and only lost 20. But we both gained it right back as soon as we stopped. Melaleuca vitamins are fewer and provide much more energy then Herbalife. Melaleuca shakes are much better tasting too. OUR support groups are MUCH better then Herbalife ever dreamed of!!! I was so amazed after joining with Melaleuca that they did not charge for the training seminars. Herbalife was 35.00 per person to go to the meetings.

I have never met more helpful, caring people before joining up with Melaleuca!

Thanks for letting me vent.

Any help I can provide about the differences between Herbalife and Melaleuca just call or email me.

**Tracey Justin**, Texas  
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Hi,

I was an Herbalife distributor for a few years. They have great products but it is difficult to make money with them because you have to track down your customers every month so they can place their orders. The only way a customer can place an order him/herself is by becoming a distributor which costs much more than becoming a Mela Marketing Exec. I mostly just used the products and didn't bother with the selling. It was a pain. Also, Herbalife's founder died a couple of years back of unpublished causes and red flags went up for me. Their was an herb they were using in some of their supplements called Mau Wong (not sure of spelling) that was the equivalent of ephedrine. I took the supplement and it made my heart race. Overall, I like Melaleuca much better so far cause I don't have to sell products.

**Sarah**

I was a Herbal Life representative for a while. I spent hrs on the weekends and evenings trying to get customers. I work full time so it was difficult to do anything during the day. There was a lot of money involved just to get going. Although the product was pretty good, I wouldn't recommend it simply due to the cost. I'm in Ontario, so most likely it was more expensive here. Just to sign up for the program you had you purchase a license (so they said) and if I remember correctly it was about 300 dollars and that gave you the tapes and other items as well as one basic plan. If you want the plan to work well it is recommended to purchase additional items and some are quite costly and each month you will need to

purchase the items in order to continue the plan. It is also your responsibility to distribute flyers etc... which I had difficulty with due to feet problems. All in all it was not a good experience for me, however it is a good product and it did work well. It gives you an abundance of energy as well, energy I didn't even know I had?

**Trish**

Oshawa, Ontario

A friend of mine also tried Herbalife. Because she is my friend I looked at her catalog and looked into the weight loss things. But, you have to take too many pills and it was cost prohibitive for me. I don't know all the details of why, but she was not with them for long! Attain is much easier and tastier and less expensive than Herbalife. I love a nice thick smoothie for breakfast!

**Cindy Cochran**

I didn't sell Herbalife, however I was a customer about 2 years ago. Warn your sister of some of the side effects. I lost a lot of weight with the products but as soon as I stopped I gained most of it back. I also had many health problems with these products. I love the fact that with the Melaleuca products no bad health side effects only good. I would be glad to share some of the health problems with you if you would like. Just contact me.

**Shawn T. Seward**

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Sheryl,

When I was on the Herbalife I developed erratic menstrual cycles. Sometimes I would have 3 a month. Finally after many visits to the doctor we figured out it was a result of the products. Now that I have been off of the products everything has straightened out but it did take sometime. Now we are expecting our first baby in July.

I really hope your sister will reconsider these products. Feel free to share with her my information if needed.

Good luck.

**Shawn T. Seward**

Try this link for Herbalife stories:

<http://cockeyed.com/workfromhome/epilogue/unsuccesful/unsuccesful2005.html>